**Emily** ✅
@eekymom

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🧵 Today marks a year since Aiden woke me up at 4:30 am complaining of chest pain and pain with inspiration.

He was 14.

It was severe enough to wake him up from sleep.

This was 2 days following his second Pfizer COVID vaccine 1/

6:32 AM · Jun 12, 2022

1,608 · 11,749 · 17.6K · 1,237

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**Emily** ✅ @eekymom · Jun 12, 2022
My heart immediately sank and I put my game face on as we headed to the ER.

I had been following the data loosely out of Israel.

When you combine that with a mother's instinct, I had a feeling I knew what we were dealing with 2/

47 · 422 · 3,220

**Emily** ✅ @eekymom · Jun 12, 2022
When we arrived at the ER, he was brought straight back for an ECG.

The ECG was abnormal.

What followed was chaotic. The details escape me, except for the moment that we were alerted that his troponin was elevated and that he needed to be admitted to the Acute Cardiac Unit 3/

12 · 401 · 2,832

**Emily** ✅ @eekymom · Jun 12, 2022
The attending cardiologist ordered a battery of tests. All signs pointed to the vaccine being the cause.

She consulted with the CDC and his official diagnosis was "post-COVID vaccine myocarditis." 4

31 · 1,101 · 4,074

**Emily** ✅ @eekymom · Jun 12, 2022
One of the scariest aspects of this is not know the course it will take.

His troponin quadrupled over night and continued to rise the next day.

It felt like an out of body experience. 5/

8 · 335 · 2,684

**Emily** ✅ @eekymom · Jun 12, 2022
By the 3 day it plateaued and began to drop.

He was able to go home on day 4 on essential bed rest until cardiology follow up. 6/

5 · 286 · 2,487

**Emily** ✅ @eekymom · Jun 12, 2022
The enormity of the situation hit me when the shock wore off.

When we got home, he had intermittent chest pain.

Both my husband and I have since confessed to each other that we were worried that he wouldn't wake up one morning 😢 7/

14 · 317 · 2,751

**Emily** ✅ @eekymom · Jun 12, 2022
At his cardiology follow up, he was restricted more from physical activity including PE (freshman year of high school) or even playing with his friends outside.

He first had to be cleared after rest and a cardiopulmonary stress test.

That took 4 months of inactivity. 8/

8 · 331 · 2,542

**Emily** ✅ @eekymom · Jun 12, 2022
It was still abnormal likely due to lack of conditioning (low stroke volume and VO2)

We also had to see a pulmonologist for similar reasons based on the results.

There have been so many bumps in the road along this journey that I couldn't possibly list them all. 9/

3 · 265 · 2,313

**Emily** ✅ @eekymom · Jun 12, 2022
So here we are a year later and I think it's important to reflect.

There are some things I am incredibly thankful for:

-his cardiologist who reported the injury to VAERS (despite what people tell you). They have to.

- His care staff have been amazing 10/

53 · 371 · 3,725

**Emily** ✅ @eekymom · Jun 12, 2022
Most importantly, he is doing very well. He is not expected to have any long term damage based on imaging and the course of his Acute phase. Also, mentally, he has handled this like a champ.

Wayyyyy better than me. 11/

53 · 241 · 4,146

**Emily** ✅ @eekymom · Jun 12, 2022
I have also seen A LOT of ugly. I'm sad to say the bulk of it has come from the Twitter medical community. I find it beyond hypocritical to support a vaccine and deny the existence of the vaccine injured especially with clear causation. 12/

54 · 964 · 7,303

**Emily** ✅ @eekymom · Jun 12, 2022
I partially own my role in that. I have been angry and combative as I would suspect most would be in my situation especially after the initial shock wore off.

However, I truly expected some compassion and empathy, instead I was met with labels, accusations and blocks. 13/

52 · 292 · 3,719